***Writing a Credo***

A ‘credo’ is a statement of your core theological beliefs (or ‘creed’). It can be presented as a piece of art, a piece of music, a theatrical interpretation, or whatever else you may want to do—but it is most often articulated in the form of a few sentences or paragraphs. Below, you will find a list of the questions you might answer in your own credo. *(\*\*Note: these are just suggestions; you might include all, some or none of these.)*

* **Where do we come from?** Do we exist before birth? Is there something non-material about humans that exists separate from our material beings?
* **What are we?** What is the essential nature of human beings? Are we inherently good, evil, or neutral?
  + Do humans have a ‘moral’ nature? What do you think about ‘original sin’?
  + What are the most basic characteristics that are part of all human beings?
* **Where are we going?** What happens to us after we die?
* Do you believe in a ‘god’ or higher power?
  + If so, what is his/her/its power in the world? What can s/he/it do and not do? How does this higher power interact with humans, and the natural world?
* What do you believe is the ‘purpose’ of life? Or is there no purpose?
* What are your highest values? What are your core beliefs about what matters most in this life?
* What do you believe about our relationship with nature?
* And about the course of human/earth development or evolution?
* What do you believe about the relationship of the individual to society?